



## Pledge of Commitment

\_\_\_\_\_ believes a healthy, productive workforce is a core part of our business strategy and I am personally committed to leading our efforts to integrate employee health and wellness into our corporate culture by:

- Communicating health and wellness as a priority to all levels of management.
- Working to align our health and productivity strategies with our business goals.
- Dedicating resources to better understand the health needs of our employee population.
- Ensuring that our wellness strategy has a vision, goals and measurable outcomes.

As part of this pledge, \_\_\_\_\_ will join ICANATWORK, San Diego County's free Worksite Wellness Coalition. As a member of this coalition we know that we will have the opportunity to learn best practices from local and national experts, as well as our peers. As part of our membership commitment, we understand that we are expected to share our own best practices and participate in wellness discussions at meetings, special events or through online forums.

I have identified the following leader(s) at my company to participate in ICANATWORK on our behalf:

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Email: \_\_\_\_\_

Signed,

\_\_\_\_\_

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Title